

UK SPORTS INSTITUTE

JOB DESCRIPTION

JOB TITLE Athlete Health Lead (MSK)/Senior Physiotherapist (British Rowing)

SALARY £56,891 p.a

GRADE DH

HOURS Full time – Maternity cover position

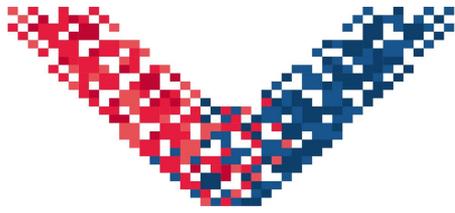
LOCATION British Rowing National Training Centre - Caversham

ROLE SUMMARY

With only 12 months until the 2024 Olympics and Paralympics this role will focus on ensuring that the quality of support delivered to the Great Britain Rowing Team ensures that we have athletes ready to perform at their best in Paris. The role will manage a team of physiotherapists, collaborate closely with the Chief Medical Officer and be part of the Support Leadership team. There will be some delivery across both the Olympic and Paralympic pathways with the main aim of the role to minimise time-loss and maximise performance in both training and competition. With the strategy in place the right person will be ready to deliver as well as be involved in some key projects to support the GBRT.

KEY RESPONSIBILITIES

- Lead and manage priority strategies to assure athlete health optimisation, in collaboration with the performance support team and UKSI Athlete Health Service teams.
- Oversee the design, resourcing, and operational delivery of health service provision for all World-Class Programme athletes in the training and competition environment.
- Drive the implementation of an industry leading physical health strategy that is effectively aligned to IADPs, performance models, and medical risk in close partnership with the CMO.
- Ensure that health care practitioners operate as an efficient, connected support team, embracing an interdisciplinary approach across human performance and athlete health to optimise delivery.
- Lead the planning and delivery of practitioner development aligned with individual and strategic needs.
- Lead all aspects of athlete health planning in preparation for attendance at major competitive events. Attend key camps/competitions where appropriate.
- Act in a specialist consultancy role to support the interdisciplinary management of complex presentations across the World-Class Programme
- Oversee, support and deliver a component of physiotherapy services to the Development Rowing programme effective rehabilitation and return to play of rowers within the pathway
- Comply with the Professional Codes of Conduct, standards, and guidelines.
- Assure standards of clinical and health governance are aligned with UK Sport's good medical governance standards.
- Within the rules of confidentiality liaise with athletes, parents, coaches, and other support staff as appropriate.
- Utilise the electronic medical records system (PDMS) for accurate record keeping and injury surveillance.
- Ensure that clinical and health governance standards impact all decisions and ways of working across the performance programme.
- Contribute to knowledge development, aggregation and sharing across the organisation.



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ROLE DIMENSIONS

REPORTS TO
DIRECT REPORTS
BUDGET ACCOUNTABILITY

Head of Performance Support - Rowing
3 – Women's, Men's, and Paralympic Physiotherapists
YES – within the Sports Medicine budget for British Rowing

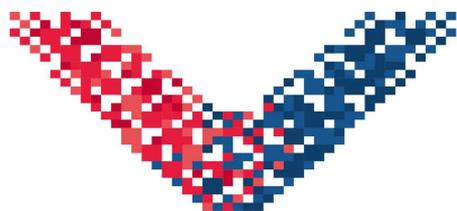
KEY RELATIONSHIPS

- Senior Leadership Team including Head of Performance Support, Sports Science Lead, Psychology and PL Lead, and Performance Engineer
- Chief Medical Officer
- Senior/Lead Physiotherapist

- Performance Support Team
- National Coaches
- UKSI Athlete Health Leads
- UKSI health care practitioner network

PERSON SPECIFICATION

COMPETENCY AREA	ESSENTIAL / DESIRABLE	ASSESSED BY
Qualifications		
Degree in Physiotherapy	Essential	Sight of certificate
Membership of the Chartered Society of Physiotherapy (MCSP) and registered with the Health and Care Professions Council (HCPC)	Essential	Sight of certificate
Higher degree specialising in Sports Physiotherapy / Sport and Exercise Medicine / Strength and Conditioning or extensive evidence of post-graduate professional development, reflective practice, and experiential learning in sport	Essential	Sight of certificate
Qualification or recognised training in leadership and management (or working towards)	Desirable	Sight of Certificates
Experience		
Extensive experience of health optimisation practice and delivery in performance sport	Essential	
Proven credibility operating at a senior level and leading a health-related team or service. Leadership/managerial experience should include some of the following areas: - Strategic leadership, operational planning, and implementation. - Balancing multiple priorities and dealing with ambiguity.	Essential	Application/Interview



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COMPETENCY AREA	ESSENTIAL / DESIRABLE	ASSESSED BY
- Developing people and managing skilled/experienced practitioners.		
Experience navigating, influencing and positively impacting complex working environments and cultures, establishing effective working relationships across a diverse range of stakeholders in high performance sport.	Essential	Application/Interview
Knowledge and Skills		
Extensive understanding of the performance demands and needs of elite athletes and coaches.	Essential	Interview
Extensive knowledge and understanding of health optimisation; practice and application in elite sport.	Essential	Interview
Strong strategic outlook, excellent planning, and organisational skills with the ability to prioritise workstreams across medical teams, lead change and meet deadlines.	Essential	Interview
Excellent problem solving, conflict resolution and decision-making skills with an ability to deal with uncertainty and ambiguity by identifying goals and developing a plan to move forwards.	Essential	Interview
Skilled in building and maintaining productive relationships bringing together views and perspectives of stakeholders to gain a wider picture of the landscape surrounding practices and policies.	Essential	Interview
Excellent interpersonal, communication, influencing and negotiation skills.		
Ability to evaluate and interpret complex data and insight to communicate meaning that is easily understood by a wide range of audiences.		
Ability to work irregular and antisocial hours as required including work outside normal hours, at evenings, weekends, and public holidays.		
Ability to travel throughout the network and work at domestic and international competitions and training events.		
May be required to work with athletes under 18 (DBS check required)	No	

All UKSI practitioners are expected to engage with and support training and professional development in anti-doping, i.e., Introduction to Clean Sport, safeguarding and GDPR. Practitioners are also expected to adhere to all UKSI policies and procedures and show commitment to promoting and supporting equality, diversity, and safeguarding within sport.

END OF JOB DESCRIPTION