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# JOB DESCRIPTION

| | |
|---|---|
| **JOB TITLE** | Physiotherapist - Paralympic Performance Support Service – Central Region (Named practitioner for British Wheelchair Basketball) |
| **SALARY** | £49,063 |
| **GRADE** | EH1 |
| **HOURS** | 0.8 FTE |
| **LOCATION** | Loughborough<br><br>*Notes: While predominantly based in Loughborough, this role will require regular travel within the central region (primarily Nottingham), there will also be requirements for national and international travel. |

## ROLE SUMMARY

This role is part of the newly formed UKSI Paralympic Performance Support Service. It offers an exciting opportunity to join a team of specialist multi-disciplinary practitioners working collaboratively to support Paralympic World Class Programmes (WCP). This role will work predominantly with the British Wheelchair Basketball (BWB) WCP as the Named Physiotherapist and will also provide physiotherapy support to other Paralympic WCPs in the Central Region (GB Wheelchair Rugby & GB Powerlifting based in Lilleshall and Loughborough) with occasional support in the North and Southern regions as per service requirements.

This role will provide specialised physiotherapy support services to Paralympic WCP athletes contributing to positive performance impact. The post holder will work collaboratively within and across interdisciplinary support teams and coaching teams to optimise athlete health and maximise availability for performance.

This role will require attendance at BWB national and international camps and competitions with circa 40 days per year at national camps (predominantly based in Nottingham and spanning 4-6days across 8-10 camps), 20 days per year at international competitions and attendance at the Paralympic Games and holding camp.

## KEY RESPONSIBILITIES

- Responsible for delivering targeted systems and projects to optimise rehabilitation and mitigate health problems aligned to performance goals and aspirational targets.
- Contribute to the development and delivery of targeted performance-focussed projects through effective team working and the utilisation/integration of specialist knowledge.
- Co-ordinate and deliver physiotherapy and physical health services across the BWB programme and provide physiotherapy support to other Sports in Paralympic Specialist Service.
- Provide highly specialised musculoskeletal assessment, diagnostics, management, and rehabilitation services to improve 'return to performance' outcomes for athletes.
- Work independently at training and competition locations making autonomous triage and primary care decisions and having responsibility for managing complex medical presentations beyond, or alongside immediate sports injury management and rehabilitation.
- Responsible for the management of immediate emergency medical and trauma care situations in the training and competition environment domestically and overseas.
- Work with relevant specialists/roles to support athlete Classification processes as required.
- Provide a primary point of contact for BWB coaches for delivery relating to athlete health in the UK and overseas
- Provide a key role in assuring medical governance standards to safeguard athlete physical and mental health.
- Contribute to cross-sport learning and accelerated development across the high-performance system through collaboration and the sharing of knowledge, experience, and expertise
- Lead a small team of BWB contractor physiotherapists to ensure physiotherapy cover is available at all BWB programme camps and competitions.

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## ROLE DIMENSIONS

| | |
|---|---|
| **REPORTS TO** | Head of Performance Support (Paralympic) |
| **DIRECT REPORTS** | BWB Contractor Physiotherapists |
| **BUDGET ACCOUNTABILITY** | N/A |

## KEY RELATIONSHIPS

- Performance Director
- Performance Coaches
- Head of Performance Support (Paralympic)
- UKSI named Doctors
- Head of Performance Operations
- UKSI Head of Paralympic Specialist Services

- Performance Support Team
- Athletes
- UKSI Performance and Innovation Health Consultants – Para

## PERSON SPECIFICATION

| COMPETENCY AREA | ESSENTIAL / DESIRABLE | ASSESSED BY |
|---|---|---|
| **Qualifications** | | |
| Degree in Physiotherapy | Essential | Application |
| Membership of the Chartered Society of Physiotherapy (MCSP) and registered with the Health and Care Professions Council (HCPC) | Essential | Application |
| Current AACP (Acupuncture Association of Chartered Physiotherapists) membership - only applicable if carrying out Acupuncture activity | Essential | Application |
| Higher degree (or working towards) specialising in Sports Physiotherapy / Sport and Exercise Medicine / Strength and Conditioning or substantial evidence of post-graduate professional development, reflective practice, and experiential learning in sport. | Desirable | Application |
| **Experience** | | |
| Minimum of 3-5 years post-graduate clinical experience in the provision of specialist musculoskeletal physiotherapy services with experience working with sporting populations (this should include work with high-performance teams), including:<br>– Experience supporting athletes during competitions or training camps.<br>– Working within a multi-disciplinary team to evaluate and manage complex clinical presentations and develop impactful solutions through interdisciplinary collaboration.<br>– Development and delivery of athlete rehabilitation strategies to optimise 'return to performance' outcomes for athletes.<br>– The utilisation of data and insight to inform, develop, and deliver effective approaches to mitigate injury/illness risk and optimise performance.<br>– Experience of working as a first responder in acute/emergency medical and trauma management situations in sport. | Essential | Application/Interview |
| Experience providing specialist physiotherapy services assessing and managing relevant disabilities which may include application in disability/Paralympic Sport. | Desirable | Application/Interview |

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| COMPETENCY AREA | ESSENTIAL / DESIRABLE | ASSESSED BY |
|---|---|---|
| Leadership/managerial experience (e.g., service development, clinical supervision, timetable management and mentorship of others). | Desirable | Application/Interview |
| Experience navigating complex working environments and establishing effective working relationships across key stakeholders. | Essential | Application/Interview |
| **Knowledge and Skills** | | |
| An understanding of the performance demands and needs of elite athletes and coaches. | Essential | Interview |
| Specialist musculoskeletal knowledge and clinical reasoning skills with considerable experience of application in sport. | Essential | Interview |
| Knowledge of contemporary advances in applied musculoskeletal medicine (encompassing assessment, clinical reasoning, rehabilitation, return to performance, and injury/illness risk management). | Essential | Interview |
| Specialist knowledge and applied clinical reasoning skills in the assessment and management of disabilities and/or neurological impairments. | Desirable | Interview |
| A broad understanding of sports science and sports medicine disciplines and their roles in performance. | Essential | Interview |
| Significant understanding of specialist technical skills and knowledge underpinning the delivery of athlete management and rehabilitation in the performance environment (Including physical training and adaptation, testing and monitoring, periodisation/planning, and coaching). | Essential | Interview |
| Understanding of Paralympic Classification. | Desirable | Application/Interview |
| Ability to work independently, prioritise workload and balance conflicting demands. | Essential | Interview |
| Effective problem solving and decision-making skills with an ability to deal with uncertainty by identifying goals and developing a plan to move forwards. | Essential | Interview |
| Skilled in building and maintaining productive relationships with colleagues and stakeholders. | Essential | Interview |
| Excellent interpersonal and communication skills. | Essential | Interview |
| Ability to evaluate and interpret data and insight to communicate meaning that is easily understood by a wide range of audiences. | Essential | Interview |
| Ability to work irregular and antisocial hours as required including work outside normal hours, at evenings, weekends, and public holidays. | | |
| Ability to travel throughout the network and work at domestic and international competitions and training events. | Essential | Interview |
| May be required to work with athletes under 18 (DBS check required) | Yes | |

All UKSI practitioners are expected to engage with and support training and professional development in anti-doping, i.e., Introduction to Clean Sport, safeguarding and GDPR. Practitioners are also expected to adhere to all

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# JOB DESCRIPTION

UKSI policies and procedures and show commitment to promoting and supporting equality, diversity, and safeguarding within sport.

**END OF JOB DESCRIPTION**